



## Sīkrags – Saunags

### The Liv Coast



A wide sandy beach stretches from *Sīkrags* village up to *Mazirbe* beach which is crossed by the *Mazirbe* Stream. The *Baltic Coastal Hiking Route* leads out to the center of *Mazirbe* village where you can see the Liv National House. Continuing through small forest and country roads past the former *Mazirbe* Naval school, it winds through small coastal Liv villages: *Košrags*, *Pitrags* and then *Saunags*. The Liv coast is the only place where you can get to know the cultural history heritage of one of the smallest peoples in the world, the Livs. In this section, the indicating signs are in both the Latvian and Liv language.



## USEFUL INFORMATION

..... 16 km

⌚ 5–7 h

🚩 In *Sīkrags* **P**, opposite the beach

🚩 The center of *Saunags* Village

📍 Sīkrags – Mazirbe – Košrags – Pitrags – Saunags



Sandy beaches, forest trails and gravel roads. In *Mazirbe* Village, asphalt.



Easy



You can wade across the small *Mazirbe* River during low water (there is a bridge ~ 0,5 km away from the sea).



None.



The only shop in the section from *Ventspils* to Cape *Kolka* is located in *Mazirbe* village. The itinerary goes through *Slītere* National Park.



The distance between *Mazirbe* village and *Saunags* village can be covered via the beach. Vigorous walkers can combine this section with the one from the next day and finish in Cape *Kolka*.



## WORTH SEEING!

- 1 Mazirbe village.** At the beginning and the middle of the 20th century, *Mazirbe* was a Liv fishermen's village and a shipping center, also the biggest Liv settlement on the Kurzeme seaside. Up to nowadays, the village has continued to be a lively place. GPS: 57.68295, 22.31733
- 2 The fishing boat cemetery in Mazirbe village.** The Soviet regime forbade the local inhabitants to go to sea, thus the number of inhabitants decreased and the old boats were left unused. GPS: 57.69014, 22.31978
- 3 A collection of household items in the Stūrīši – Branki household in Mazirbe village.** You can also visit the crochet handiwork exhibition *Lībiešu tambors*. T: +371 29469165, GPS: 57.68345, 22.31685
- 4 The Liv National House, +371 28603233, Ethnographic room on the 2nd floor,** T: +371 29463028, GPS: 57.68363, 22.31784
- 5 27 types of ancient fences in Pie Andra Pitragā.** T: +371 26493087; GPS: 57.70172, 22.38596
- 6 Košrags village.** *Košrags* is considered to be the newest Liv seaside village (17th century). *Anduļi* is the oldest household in *Košrags* village. Today there are 13 houses in *Košrags*, however there are permanent residents in just a few of them. GPS: 57.69787, 22.36071
- 7 Pitragi village.** On the *Pitragi* beach, the remains of a breakwater can be seen. The breakwater was built in 1938 for the collection of sea wrack and improving the lean soil near the seaside. In the

*Pitragi* shallows there are many sunken ships and the remains of old ships can be found at the seashore after storms. GPS: 57.70386, 22.3876036

- 8 Saunags village.** Currently around 6 farmsteads in *Saunags* village are permanently inhabited, with the arrival of summer residents, there is active life in ~ 28 houses in *Saunags*. GPS: 57.72090, 22.44356

## SERVICES



### Accommodations

- 1. Holiday home Upeskalni,** T: +371 29259510, 26464483; GPS: 57.68083, 22.30647
- 2. Holiday home Vecvalgani,** T: +371 26159870; GPS: 57.68582, 22.31583
- 3. Holiday home Stūrīši – Branki,** T: +371 29469165; GPS: 57.68390 22.31510
- 4. Holiday home Kastūgi,** T: +371 22423294; GPS: 57.68459, 22.31469
- 5. Campsite Jūrmalnieki,** T: +371 22334904; GPS: 57.68295, 22.31670
- 6. Holiday home Mazirbes – Dzelmes,** T: +371 20139070; GPS: 57.68992, 22.33104
- 7. Campsite Kalēji,** T: +371 28829474, 29213412; GPS: 57.68194, 22.31873
- 8. Country house Jauntilmači,** T: +371 29412974; GPS: 57.69864, 22.35957
- 9. Campsite Place to relax Liblābi,** T: +371 29212610; GPS: 57.69725, 22.35301

**10. Campsite Pītagi,** T: +371 29372728;

GPS: 57.69540, 22.36213

**11. Campsite Pie Andra Pītagā,**

T: +371 26493087;

GPS: 57.70172, 22.38596

**12. Holiday home Alpi,** T: +371 22066233;

GPS: 57.70540, 22.39132



### Catering

**1. Summer café Dižjūra,**

T: +371 28658791;

GPS: 57.68364, 23.21783

**2. Liv cuisine in Stūrīši – Branki,** only upon

previous reservation, T: +371 29469165,

GPS: 57.68390 22.31510



### Shops

In *Mazirbe*, GPS: 57.68299, 22.31722



### Public transport

Not available between *Sīkrags* village and *Saunags* village. Runs twice per day between *Mazirbe* village and *Saunags* village.



### Rest areas

Next to the shop in *Mazirbe* village, GPS: 57.68309, 22.31723

In the center of *Košrags* village next to the mailboxes, GPS: 57.69738, 22.36092

## TOURIST INFORMATION



**Kolkasrags Information and Visitors**

center, Cape Kolka, Kolka,

GPS: 57.75650, 22.59991,

www.kolkasrags.lv, T: +371 29149105



**Dundaga District TIC, Pils iela 14,**

*Dundaga*, GPS: 57.51061, 22.35566,

www.visit.dundaga.lv,

T: +371 63232293, 29444395